



Contact Numbers for Independent Living

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|----------------------------------------|--------------|
| Interim CEO, Carla Mitchell | 567.444.5080 |
| IL Director, Jake Clapp | 567.444.5102 |
| Safety/Maintenance Emergencies | 419.551.2838 |
| Project Manager, Darin Sauder | 567.444.5077 |
| Activities/Transportation, Joyce Short | 567.444.5101 |
| Klean Korner - Zandra | 567.444.5102 |
| Wyse Commons Salon - Shannon | 567.444.5078 |
| FCHC Lab | 567.444.5106 |
| Non-Emergency Police | 419.445.9991 |
| Lisa Vollmer | 567.444.5081 |
| Admissions - Lora Ripke | 567.444.5082 |
| Business Office, Todd Moore | 567.444.5089 |



NOVEMBER 2022

Fairlawn Independent

Fairlawn Retirement Community

Archbold, Ohio

2022 Fairlawn Resident



CHRISTMAS PARTY



Thursday, Dec. 1st

Watch your mail for your invitation. Be sure to RSVP.
Great Food, Music and Fun with Friends.



FCHC LAB SERVICES at Wyse Commons

No appointment needed!
OPEN M-F 7am-1:30pm
For info call 419.446.4899

Please call ahead if you are not feeling well.

Join us for Lunch Monday-Friday Wyse Commons

11:30-12:30

Eat-In, Carry-Out or Delivery

Please call ahead at least 24 hours (when possible) 567.444.5101



It's Easy to Help!

- Donate Today!
- Make Fairlawn a part of your estate plan.
- Be a volunteer.
- Encourage others to support our mission.

Tax deductible donations can be dropped off at Wyse Commons or mailed to the Care Center: Fairlawn, 407 E. Lutz Rd., Archbold, OH 43502 Attn: Development Office

Has your Phone Number Changed?

Remember to update Fairlawn staff if your phone number changes or if you add a new number that you prefer we use for the Emergency System. To update your contact information or to verify the number on file please call Jake at 567.444.5102.

Welcome, Morrison Living



We are truly looking forward to our new food services partnership with Morrison Living. The transition began in October and their "official" first day on campus is November 1st. While most of our team will remain the same, we are pleased to welcome Gilbert Evans as our new Director of Dining Services.

Nothing will change overnight; but you'll notice some improvements rolling out over the next few months. Part of those changes will come directly from our resident suggestions. We'll look to you for guidance on menu options, service styles, and program additions. In the meantime, we hope you'll join in our excitement about the future of food service here at Fairlawn!

Veteran's Day Lunch

In honor of Veteran's Day, Fairlawn will be hosting a Veteran's Day Lunch at Wyse Commons on Friday, November 11th, at 12PM. If you are a Veteran or the spouse of a Veteran, we invite you to join us. On the menu is Roast Beef, Mashed Potatoes and all the good sides. We do ask that you RSVP to Joyce Short by Friday November 4th. Joyce Short: 567.444.5101

Thank you for your sacrifices, for your valor, for the things you carry, for protecting us, and for defending our rights. Thank you to all our veterans for your courage, strength and dedication to keeping us safe.



Are you looking for a place to hold a party?

We are pleased to be able to offer the Wyse Commons Gathering Space and Community Building to our campus residents for your next event or family get together. To reserve the space, or for more details, you can contact Joyce at 567.444.5101.





Carla's Corner

Fairlawn Interim CEO, Carla Mitchell

I celebrate Autumn's change as the heat and light of summer recede, leaving us with cooler days and nights and vibrantly colored trees. It's a time to consider, literally and figuratively, what is being harvested from what was sown in the spring and summer. Almost all cultures around the world hold ceremonies around the harvest, feeling a need to express gratitude for the blessings it has brought.

Gratitude, in fact, is a key factor in living well. Scientists have found that people who practice gratitude consistently report a host of benefits including: stronger immune systems and lower blood pressure, higher levels of positive emotions, more joy, optimism and happiness, and feeling less lonely and isolated.

If you're ready to bring gratitude into your daily life, here are some simple ways you can work the practice of gratitude into your Autumn wellbeing efforts.

- Begin each day with a prayer of thanks for the good fortune of having this new day.
- Write daily a list of the things in your life you are grateful for, big and small.
- Find reasons to say, "Thank you" to people you meet throughout your day.

What's New?

In October, activities coordinator Joyce Short rolled out some new activities and they are a hit! Some of the favorites are cardio drumming. Cardio? That sounds like I will be out of breath. Cardio drumming is actually a seated exercise where you take drum sticks and beat away on an oversized exercise ball. And it is a ton of fun!! Volleyball?? That sounds like jumping, right? Nope, this volleyball is with a beach ball and each person sits in a chair and we hit it back and forth over the net! We now have badminton rackets that can be used in the same fashion but instead of a badminton it can be played with a balloon. All of these fun, creative activities are a great way to get the blood pumping and stay active through these colder months.

See what Joyce is planning on the activities calendar each month!



Betty Aschliman
Lois Young
Bill Rupp
Philip Spiess
Nancy Storrer

Jeanette Beck
Lynn Leitner
John Trudel
Leslie Grieser
Nancy Howe

Evelyn Grieser-Stevens
Sharon VonEssen-Brand
Richard Stuckey
Jennifer Thompson
Nancy Fluckinger

Happy Anniversary



Mike & Priscilla Ashley
Curt & Leta Beck
Charles & Glenda Lehman
Tom & Julie Miller
Larry & Janet Short

FOR EMERGENCY MAINTENANCE

call 419.551.2838

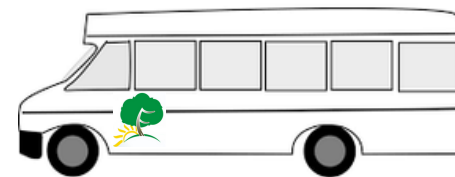
Call immediately in the event of plumbing leak, roof leaks, lack of heat or AC, no water or no hot water, flooding, broken refrigerator, or no electric service.

These incidents may cause harm to you or damage to the unit and need to be addressed immediately.

The sooner an issue is reported, the sooner it can be addressed.

Where's the Bus Headed ?!

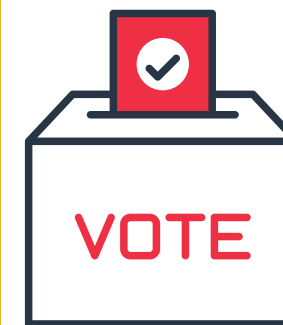
- November 8th - Transportation is available to the Voting Polls at the K of C Hall, Archbold OH 9-11AM
- November 10th Fulton County Historical Society Museum Trip. Leave at 10AM, lunch to follow plus a bonus stop at the Brown Bag Market \$10/Person.



Call ahead to sign up!

Need a Ride to the Voting Polls?!

The bus is available on Tuesday, November 8th to take you to the voting poles at the K of C Hall from 9-11AM. Please call Joyce if you want a ride. 567.444.5101



Would you like to volunteer? We could use your help! For more information call the Life Enrichment Director, Sarah Smith at 567.444.5064

Meet the Maintenance Team!



Left to Right: (Front) Nick Wines, Mark Seiler, Bill Fenton.
(Back) Lisa Bratton, Mark Lemley, Brad Rice, Will Fenton

Lisa Bratton has been working at Fairlawn for over 31 years and has wealth of knowledge about Fairlawn and its operations. With her wisdom, she was promoted to Facilities Director in November of 2018. If you know Lisa, you know she is very organized and diligent to get a task accomplished, making her a great fit to oversee such a crucial department. Lisa spends her free time with her daughter Katelyn and her husband Jason. She and her family love to spend time outdoors. Lisa is one of the best scrapbookers you will meet!

Mark Lemley came to Fairlawn with a construction and management background in July of 2018 as a Maintenance Tech and was subsequently promoted to Maintenance Supervisor in June of 2020. Mark enjoys working at Fairlawn because of the residents and also the variety of work the job entails. When he's not working, Mark spends time with his girlfriend, Jessica and their six children.

Brad Rice has worked at Fairlawn for just over a year. His primary skill set is general construction including building, plumbing and electrical. Brad's abilities make him a great asset to work on flipping units and completing repairs on campus. Brad lives in Wauseon with his wife Meagan and young daughter, Emersyn.

William Fenton started at Fairlawn in the Fall of 2019 as a part time lawn care employee. When the opportunity arose, Will took a position as a full time Maintenance Tech. Although he spends much of his time on Spectrum installations and trouble shooting on campus, he also completes landscaping jobs and general maintenance tasks. William is a dog lover and has five dogs of his own at home in Wauseon.

Bill Fenton decided to change careers in August of 2021 and came to join our maintenance team on recommendation of his son, Will Fenton. Bill comes with a background in small engine repair, making him valuable in maintaining the facility's equipment. He completes a variety of Care Center and campus work; you never know where you'll see him! Bill lives in rural Wauseon and has three sons.

Mark Seiler recently marked his one year anniversary at Fairlawn. He is always busy, often with Care Center maintenance and buffing floors. Mark is a good mechanic and knows many aspects of the maintenance required at Fairlawn. Empty nesters to their five adult children, Mark and his wife, Tina, enjoy camping on the weekends when Mark isn't busy working in his mechanic shop.

Nick Wines is the newest member of the maintenance team. Nick comes to Fairlawn after many years of working at a hardware store and his family's landscaping company. Some of his first assignments have been getting the courtyards and grounds ready for the change of seasons. Nick is excited to learn all aspects of maintenance at Fairlawn. When he is not at work, Nick enjoys target shooting and updating his home in Wauseon.

As the Thanksgiving Holiday approaches, Fairlawn is shining a spotlight on our outstanding Maintenance staff and giving a heartfelt, "Thank You!" for all work that they do. Some may not see the late night calls they get or the dirty job required to keep this place up and running.

Read on to get to know each of them!

Craft Time with Joyce, November 17th, 2PM WC



Build your own Christmas ornament. Choose to re-purpose a paint brush and create a Santa Clause face OR customize a wood slice with a design or saying of your choice. These can make for a great gift as well.
\$5 Per Person.



Sign Up to do this craft or call Joyce to reserve your supplies-567.444.5101

Christmas Cheer Tree is back at Wyse Commons!



Fulton County residents continue to band together to donate time, money, and gifts to help families in need during the holiday season. Fairlawn is pleased to be a partner with Christmas Cheer by serving as a drop off location for food, gifts, and other needed items. On November 1st the annual Christmas Cheer Tree in Wyse

Commons will be filled with ornament tags listing items needed to make this year's Christmas Cheer a success. Please stop by and select a tag (or a couple tags) of items you would like to donate. All items must be dropped off at Wyse Commons by December 5th to be transported to the Fairgrounds to be sorted and stocked. Christmas Cheer will be open on Dec. 7-8 for families that have registered. We hope you can join us as we work to support families in need!



December Activities you won't want to miss!



- December 1st - Annual Resident Christmas Party
- December 7th - Toledo Walleye Hockey Game
- December 13th - Tim Nofziger "Timmy Tuesday." Celebration of all the fun stuff Tim loved.
- December 15th - Bus trip to Michigan International Speedway-Christmas Lights Drive Thru