

# Fairlawn Independent

Fairlawn Retirement Community

Archbold, Ohio

## **3rd Annual Resident Cook Out**



Wyse Commons Parking Lot Friday, Oct. 7th 11:30AM-12:30PM



Hamburgers off the grill with all the trimmings

- Soft Serve Ice Cream
- Enjoy the Archbold High School Band who will share some favorite FOOTBALL FRIDAY songs!



- Join your neighbors for fellowship and fun
- Free Will offering to support Village Council's efforts to create a more handicap accessible campus
- Wear your favorite team apparel or team color!



#### Sign Up!

- Call Jake to sign up your home as a sale location
- A balloon will be placed at the end of your drive by volunteers to help identify your home
- An ad will be put in the Archbold Buckeye as well as on the Radio

#### SEPTEMEBER 16-17 8:30AM-4PM

407 E. LUTZ RD. ARCHBOLD, OHIO CAMPUS WIDE SALE

LOOK FOR THE BALLOONS AT PARTICIPATING HOMES & STOP AT WYSE COMMONS WELLNESS CENTER FOR INDOOR SALE TABLES

# What if I only have a few items to sell?

- Bring your items to Wyse Commons September 12-15th
- All items brought to Wyse Commons will be considered a donation and profits from the sale will go to Fairlawn Village Council.



Carla's Cerner, Fairlawn Interim CEO, Carla Mitchell

I will be in Portugal this month and while I am looking forward to the many benefits of travel, I also know you are in good hands. Your Fairlawn team will be here to serve your needs and I will be in contact with them regularly.

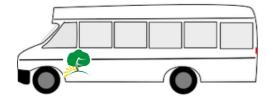
A Cornell University study showed that people experience a direct increase in happiness from just planning a trip. According to the study, vacationing at least twice a year makes you less likely to suffer from depression, it can decrease stress levels and can lead to a significantly lower risk of suffering a heart attack.

Travel also expands the mind, making you more globally and culturally aware. It keeps the mind sharp, increases creativity, and helps with personal growth. And the benefits of travel continue long after the trip ends. According to one study, travelers returning from a trip were less anxious, more rested, and in a better mood. Those benefits lingered for weeks after the trip has ended. Even reminiscing about past experiences continues to boost your mood, improving feelings of depression and loneliness.

I encourage each of you to get out and explore the world, be it close to home or far away. September is a great time to start planning or to reminisce and share stories of past trips. If you can't take a trip now, start planning one for the future. If physical travel isn't possible, let your mind travel through books, movies and sharing tales with friends. The Smithsonian Channel on your television has a wonderful show called "Aerial America" that is a video tour from the sky of each state. Each episode offers a stunning video with interesting narration about the history and highlights of the state.

# Where's the Bus Headed This Month?!?

- September 8th- Grand Rapids Canal Experience and Lunch to follow
- September 22nd-Picnic Lunch at Harrison Park Pavilion



Call ahead to sign up!

# ATTENTION ALL DUPLEX RESIDENTS!!! ANNUAL FURNACE FILTER CHANGE AND HONEYWELL ALARM SYSTEM TESTING THURSDAY SEPT. 29TH STARTING AT 8AM

- Work will begin in 500 Duplexes and end with the 800's
- You DO NOT need to be home
- If you have a personal pendent please leave it on the kitchen counter for testing and battery replacement
- If you are home-Please leave your garage door open for easy access to the furnace filters, staff will close the door when finished

## Fairlawn Tree Replacement Project

Fairlawn would like to say thank you for the overwhelming response to the tree replacement program that was resurrected in July and through the month of August. Look for these trees to be planted this fall throughout the campus. The following are individuals who made contributions towards a loved one.

Donor	In Memory of:
Joan Lawrence Family	Harlan V. Lawrence
Connie Nofziger, Barb Short, Patty Giesel	Timothy Nofziger
Gloria Lauber	Graeme O. Lauber
<u>Jean Peebles</u>	Glen D. Peebles
Joyce H. Rupp	Maurice Rupp
<u>Dorothy Lersch</u>	Marvin Storrer & David Lersch
Donna Miller	Larry Lee Miller
Janet Tadsen	Bob Tadsen



#### BE PREPARED FOR FALL AND WINTER FLU

**SEASON.** The Fulton County Health Department will be holding an influenza (flu) vaccine clinic at Wyse Commons <u>Tuesday</u>, <u>Sept. 27th beginning</u> <u>at 1:30PM.</u> Mask will be required to get your shot.

If you have Medicare or Medicaid your shot is FREE. Many insurance plans also provide FREE Flu Shots. Bring your Medicare or Medicaid card and any other supplemental insurance card

You do not need an appointment! Come to Wyse Commons and the staff of FCHC will be here to help. If you don't have a mask, one will be provided for you.

7	Lunch: Pulled Pork, Cole Slaw, Chips, Dessert	Lunch: Country Fried Steak, Mashed Potatoes, Gravy, Dessert	Lunch: Elaine Winzeler Specialsign up for lunch to see what she whips up	Lunch: Goulash, Applesauce, Bread	Lunch: Soup, Salad, Breadstick
		10:30AM Exercise Class Classic Class (Sitting Down)	1PM Betty Master Show n Tell	10:30AM Exercise Class Classic Class (Sitting Down)	1Pm Board Games Haven Apts.
30		9:30AM Exercise Class Circuit Class (Standing)	10AM Domino's Haven Apts.	9:30AM Exercise Class Circuit Class (Standing)	11:00AM Chapel-GS
	Lunch: Baked Potato Bar	Lunch: Egg Casserole, Powdered Donuts, Fruit	Lunch: Grilled Hamburger on bun, Beans, Chips		
		12:30PM Bible Study-GS		Lunch: KFC Famous Bowl (Fairlawn Style)	I moch: RIT Ohine Iell-O Dessert
	Ed Roth-WC	Classic Class (Sitting Down) 11:00AMBus Trip Harrison Lake St Park-Picnic Lunch at the	1PM Board Games-CB	10:30AM Exercise Class Classic Class (Sitting Down)	1PM Book Club-WC Library 2PM Wii Bowling-GS
23		21 9:30AM Exercise Class Circuit Class (Standing) 10:30AM Exercise Class	10AM-Pool Tournament-CB	9:30AM Exercise Class Circuit Class (Standing)	11:00AM Chapel-GS
	Lunch: Café Closed for Community Garage Sale	Lunch: BBQ Ribs, Potatoes, Roll	Lunch: Tuna Melt, Chips, Grapes, Dessert	Lunch: Chicken Enchiladas, Rice, Chip's n Salsa	Lunch: Ham Sliders, 3 Bean Salad, Chips, Dessert
	8:30AM-4:00PM	10:30AM Exercise Class Classic Class (Sitting Down)	1:30 Board Games-WC	10:30AM Exercise Class Classic Class (Sitting Down) 1PM Bingo-CB	11:00AM Chapel-GS 12:30PM Ice Cream Sundaes-WC
16	Campus Wide Garage Sale	9:30AM Exercise Class Circuit Class (Standing)	12-1-Open Joke Microphone	9:30AM Exercise Class Circuit Class (Standing)	9AM Pool Tournament-WC -Last Months winner was Garry Friesen, see if you can beat him!
	Lunch: Pizza on Biscuit, Chips, Dessert	Lunch: Salisbury Steak, Mashed Potatoes, Corn, Roll	richly. Lunch: Lasagna, Side Salad, Garlic Bread	Lunch: Grilled Bologna, Cottage Cheese, Chips, Dessert	Day
	2:00PM Jam Session with Ed Roth-WC	10:30AM Exercise Class Classic Class (Sitting Down) 12:30PM Bible Study-GS	The true story of Curt Warner, former NFL player who was undrafted but kept faith during times of trials and tribulations. Finally Curt made it to the NFL where God blessed him	Classic Class (Sitting Down)  1PM Bingo-Haven Apts.	LABOY.
9	9AM Coffee & Donuts-Haven Apts.	9:30AM Bus Trip & Lunch to Follow Grand Rapids Canal Experience 9:30AM Exercise Class Circuit Class (Standing)	7 10AM Board Games-WC 7 1PM Movie Matinee "American Underdog Story"	9:30AM Exercise Class Circuit Class (Standing)	
	Lunch: Chipped Beef over Toast, Peas, Fruit Jell-O	Lunch: Mac & Cheese, Apple Sauce, BBQ Meatballs			
		12:30PM Bible Study-GS			
		10:30AM Exercise Class Classic Class (Sitting Down)		eptember 20	Sel
N	9AM Coffee & Donuts-CB	9:30AM Exercise Class Circuit Class (Standing)			
	Friday	Thursday	Wednesday	Tuesday	Monday

WC=Wyse Commons GS=Gathering Space CB=Community Building Haven Apt=600 Haven Apartment Solarium

## Fairlawn Political Sign Policy



Political signs are permitted inside the landscape area closest to your home only. Signs may not go up before Oct. 1, 2022 and must be removed by Nov. 9, 2022.

Signs cannot be placed in grass, landscape areas away from the house, near the road or in public areas.

### **Craft Time with Joyce**



This month's craft with Joyce features a fun, Flower Ring Wall Hanger with endless possibilities of customizations.

Craft Time with Joyce is September 15th at 1:00PM

Sign Up to do this craft or call Joyce to reserve your supplies-567.444.5101

# Show & Tell with Betty Master

Fairalwn's very own
Betty Master brings to life the
amazing mission work she did
in Africa throughout her life.
You will not want to miss this!

#### Got Jokes??



Do you have a funny Joke? Come to Wyse Commons from 12-1PM to tell your joke for all to get a good laugh.

PG jokes only please.



Fairlawn has a NEW website! Check it out! www.fairlawnarchbold.com



Curt Beck Glenn Brand Donna Miller Rickie Biggs Sadie Roth

Gloria Lauber Lauretta Nofziger Alice Tedrow Cara Ulrich Corey Osborn Judith Litchfield Carol Grime Michael Coressel

Jack Colegrove

Dan Short Sue Leitner **Emily Riffel** Peggy Wilson Tina Cortez Fritz Miller



Floyd & Connie Vincent Don & Alice Kleck Bill & Cindy Rose Chuck & Nancy Rupp JR & Joan Vance Gene & Mary Waidelich



Carol Grime Helen Guilford Julie Roloff

Grace Kinsey David Livensparger Rick & Lynn Lord



Chuck Lugbill Dale Quillet IJ Joyce Williams Velma Horst

#### FOR EMERGENCY MAINTENANCE

call 419.551.2838

Call immediately in the event of plumbing leak, roof leaks, lack of heat or AC, no water or no hot water, flooding, broken refrigerator, or no electric service.

These incidents may cause harm to you or damage to the unit and need to be addressed immediately. The sooner an issue is reported, the sooner it can be addressed.



Fairlawn Haven was founded as a mission to serve. As we work each day to continue that mission of care we need your help. The generosity of our churches and community are what allow Fairlawn to provide the dignity, respect and care needs each resident deserves.

Please include Fairlawn Haven in your giving plans.



**Quarters** are now available for exchange at the Wyse **Commons Office Monday-Friday** 8-4:30



Would you like to volunteer? We could use your help! For more information call the Director of Fairlawn Care Center Activities Sarah Smith at 567.444.5064



#### **Contact Numbers for Independent Living**

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Interim CEO, Carla Mitchell	567.444.5080
IL Manager, Jake Clapp	567.444.5102
Safety/Maintenance Emergencies	419.551.2838
Project Manager, Darin Sauder	567.444.5077
Activities/Transportation, Joyce Short	567.444.5101
Klean KornersLeslie and Shannon	567.444.5101
Wyse Commons SalonShannon	567.444.5078
FCHC Lab	567.444.5106
Non-Emergency Police	419.445.9991
Social Services/Admissions., Lisa Vollmer	567.444.5082
Business Office, Todd Moore	567.444.5089



### please call ahead if you are not feeling well.

## FCHC LAB SERVICES at Wyse Commons

No appointment needed! OPEN M-F 7am-1:30pm For info call 419.446.4899



- Donate Today!
- Make Fairlawn a part of your estate plan.
- Be a volunteer.
- Encourage others to support our mission.

Tax deductible donations can be dropped off at Wyse Commons or mailed to the Care Center: Fairlawn, 407 E. Lutz Rd., Archbold, OH 43502 Attn: Development Office

## Join us for Lunch Monday-Friday Wyse Commons

11:30-12:30

**Eat-In, Carry-Out or Delivery** 

Please call ahead at least 24 hours (when possible) 567.444.5101

BEREAVEMENT SUPPORT IS
AVAILABLE BY APPOINTMENT
TO SCHEDULE OR LEARN MORE
CALL 567.444.5101 OR
567.444.5102

#### **Don't Miss Out...**

If you are going to be away or lost your newsletter you can find it on the Fairlawn website at www.fairlawnarchbold.com

Click on the News&Events tab at the top of the page!

You can also follow us on facebook at www.facebook.com/fairlawnarchbold