FEBRUARY 2022 Fairlawn Retirement Community February 2022 Fairlawn Retirement Community February 2022 February 2022

Winter can be difficult. Cold, wind and ice make it a challenge to get out. Fairlawn is a community of friends and neighbors. We encourage you to reach out to our staff or your neighbor if you need help or if you just need someone to talk to.

Each day make contact with a friend or family member. Listen to music or join us for lunch at Wyse Commons. Don't forget about the warm water pool, exercise room and walking track at Wyse Commons, too. Fairlawn is here for YOU! Spring will be here soon!



LOOKING FOR GARDEN SPACE?

Do you have a green thumb? When spring comes are you ready to get your hands dirty? Fairlawn is pleased to offer wonderful garden plots for our residents to grow flowers and vegetables. Last year all the spaces were spoken for. Do we need more garden space?

It may still be cold and the ground is frozen, but spring will be here before we know it. In an effort to make sure there are enough spots in our community garden we need your help. Please let us know if you want a spot. Once we see how much interest there is, we can determine if there is a need to create additional community garden space.



Call Jake at 567.444.5102 if you would like a garden space in our community garden.



LADIES NIGHT THURSDAY, FEBRUARY 24

We are excited to bring back our Ladies Night Out event. Mark your calendar and reserve your spot today (you are also welcome to invite up to 2 guests). There will be great food, some fun games and time to visit and catch up with friends both new and old. See the enclosed flyer for details.



February 13, 2022 is Super Bowl Sunday

You are welcome to watch the game on the big TV in the Community Building or at Wyse Commons!

Once we get past the Super Bowl...it will almost be time for March Madness! Watch your **March Newletter** for the annual **Bracket Challenge!** Bev Bettison was the 2021 Winner!



FOR AFTERHOURS NON-EMERGENCY NEEDS ASK YOURSELF TWO QUESTIONS...

1. Is this a "maintenance emergency" (ie. water leak, no heat, no electricity, no water)

YES-- I need help NOW. Call the Maintenance Emergency Phone at 419.551.2838

- **NO**-- Go to question #2
- 2. Is this something that can wait until the office re-opens?
 - **YES**-- Call and leave a message for Jake at 567.444.5102 (example: to make a "new" room reservation, Spectrum cable is acting up)
 - NO-- I need help NOW. Call the Independent "On Call" Phone at 419.591.8974 (example: locked out of your unit, immediate issue with a room reservation, Spectrum outage that is not community wide)

FOR A MEDICAL EMERGENCY ALWAYS CALL 911

We are happy to provide service and care for each of you, however we also have families we care for and need our time and attention.

FOR AFTER HOURS MAINTENANCE EMERGENCIES call 419.551.2838

*after 4:30 pm Mon-Fri and weekends

Safety/Maintenance Emergency Number gets called automatically by the IL Emergency System when a resident pulls a cord or engages their personal pendant. This is for health and safety issues, water or fire damage, incidents in Wyse Commons or the Community Building.

Call immediately in the event of plumbing and roof leaks, lack of heat or AC, no water or no hot water, flooding, broken refrigerator, or no electric service*

*These incidents may cause harm to you or damage to the unit and need to be addressed immediately.

Need... toknow

CEO SEARCH UPDATE

• The Fairlawn Board of Trustees is continuing the process of a search for a new CEO. Jeremy Kauffman of Mennonite Health Services is working as an interim consultant with the Fairlawn leadership team two days a week. Jeremy has 28 years of retirement community experience and is a licensed nursing home administrator in the state of Ohio.

COVID INFORMATION

- There will be a COVID Vaccine Clinic on Friday, Feb. 4th at 3pm in the Care Center. If you want to get vaccinated or need a second shot or booster contact Jake for an appointment. 567.444.5102
- We have seen a significant increase in cases of COVID both on the campus and in the county. Even if you are vaccinated you need to use caution. Please remain vigilant in hand sanitizing and wearing a mask when possible. Protect yourself and your friends. For COVID updates at the Care Center call the COVID Hotline at 567.444.5111. If you have tested positive for COVID please let us know so we can take proper precaution should you need assistance during your quarantine period.

LUNCH AT WYSE COMMONS

• Monday through Friday lunch is served at Wyse Commons. We have been happy to see so many people taking advantage of this service both in person and with meal delivery. In order to ensure that we have enough food to serve everyone that would like a meal, please call at least 24 hours in advance to let us know what days you would like to have lunch. Call 567.444.5101 to reserve your meal.

SLOW DOWN AND WATCH FOR SNOW

• Please remember the speed limit on campus is 15 mph. Many residents use our roads to walk so please be careful. We also know some of the corners are a challenge to negotiate. Please take your time so you don't end up in the mud (or snow).

FOR THE BEST SNOW REMOVAL WE NEED YOUR HELP

- When snow is expected please make efforts to park inside your garage or in your parking space when possible. DO NOT park on the roadway. This will ensure quick and efficient snow removal to provide clear roads and safety for everyone.
- Please note: snow removal begins at the Care Center and assisted living to ensure employee safety when coming to and from work. This is a requirement of the Ohio Department of Health. Snow removal begins for the Independent Living campus and Clover Ln. once the Care Center is cleared. Although we try to clear between cars that are parked, sometimes it can be a challenge. Please be patient and be careful when accessing your vehicle.

HAVE YOUR NEWSLETTER DELIVERED

• If you cannot get up to Wyse Commons to pick up your newsletter you have two options so you don't miss a thing! Call 567.444.5101 to have Tori deliver a copy to your door or you can access the newsletter online through the Fairlawn website. www.fairlawnarchbold.com Click on "News & Events" at the top of the page.

COMMENTS, COMPLIMENTS AND CONCERNS

• You are always welcome to contact our staff members with any comments, compliments or concerns you have. We also have boxes available in the Community Building and at Wyse Commons where you can drop off any information you feel we need to address. We love to hear what we are doing right and also any areas of concern that need to be addressed.

SARA'S GARDEN CLIENTS AND FAIRLAWN'S POOL

• Fairlawn has contracted with Sara's Garden for the use of our pool to assist in therapy for their clients. They will be using the pool every Thursday from Noon-1pm. Please note the pool will remain open for Fairlawn Residents and Wyse Commons members during that time. We are excited to be able to support the important work of Sara's Garden.



Menu

Mon	Tue	Wed	Thu	Fri
Lunch M-F 11:30-12:30 ONLY \$4 Dine in or Carry Out, or Delivery	1) California Medley Soup Ham & Cheese Sandwich Dessert	2) Pancakes Sausage Fruit	3) Baked Chicken Potatoes Corn Roll	4) BLT Potato Salad Chips Fruit
7) Sloppy Joes Fries	8) Tuna Melt Chips Deli Salad Dessert	9) Meatloaf Potatoes String Beans Applesauce	10) Kielbasa & Vegetables Sauerkraut Bread	11) Biscuit Pizza Chips Salad
14) BBQ Ribs Cheesy Potatoes String Beans	15) Pulled Pork Cole Slaw Chips Dessert	16) Tacos Rice Salsa Chips	17) Soup & Salad Bread Stick	18) Hamburger w/ Bun Chips Pork & Beans
21) Ham & Cheese Sliders Cabbage Slaw Chips Fruit	22) Salisbury Steak Potatoes Corn Applesauce	23) Chicken Bowl Coleslaw Cookie	24) Mancino's Pizza Chip *Call ahead by Fri., Feb. 18 to pre order.	25) French Toast Casserole Bacon Fruit
28) Haystacks Pudding				Lunch M-F 11:30-12:30 ONLY \$4 Dine in or Carry Out, or Delivery





Mon	Tue	Wed	Thu	Fri
	1) 1PM Grocery Run 1PM Bingo-HA	2) 1PM Movie "Dear God"	3)	4) 9AM Donuts CB (Lange's)
7) 9AM Pool Tournament 11AM Chapel GS 1PM Wyse Writers GS	8) 1PM Grocery Run 1PM Bingo-CB	9) 1:30PM Four Country Exercise Class GS	10)	11) 9AM Donuts HA (Lange's) Bus Trip 11AM "Bryan Theatre"
14) 11AM Chapel GS	15) 1PM Grocery Run	16) 1:30PM Four Country Exercise Class GS	17) 1:30PM Kim Lauber Art Class GS	18) 11AM Hearing Aid Cleaning
21) 11AM Chapel 1PM Book Club	22) 1PM Grocery Run 1PM WC Bingo	23) 1-3PM Technology Help Session	24)	25)
31) 11AM Chapel				CB-Community Bldg HA-Haven Apt. WC-Wyse Commons GS-Gathering Space

FEBRUARY ACTIVITIES CALENDAR

CURRENTLY ACTIVITIES ARE FOR <u>RESIDENTS ONLY</u>

You should not attend an activity if you are feeling ill, have a fever, recently had a fever, if you have a cough or flu like symptoms. If you have been in contact with someone who has had COVID-19 we ask that you do not participate in the activity at this time and seek medical attention if you have symptoms.

CHAPEL with Pastor Kern EACH MONDAY AT 11AM IN THE GATHERING SPACE

EVERY TUESDAY GROCERY SHUTTLE @WC and CB WINTER SCHEDULE 1PM

• If you need to be picked up at your Duplex call 567.444.5101

BINGO TUESDAYS !!! FEB. 1 @ HA 1PM FEB. 8 @ CB 1PM or FEB. 22 @ WC 1PM

• Cards, chips, tables and chairs will be sanitized

MOVIE DAY WED., FEB. 2 @GS 1:00PM

- "Dear God" A Miami dentist travels to Alaska to claim a surprise inheritance. However what he finds is he inherited a team of mischievous sled dogs.
- Popcorn and drinks will be served by staff

DONUTS & COFFEE FRI., FEB 4 @ CB & FEB. 11 @HA 9AM

• Join us for fun and fellowship

BILLIARD TOURNAMENT MON., FEB. 7@ WC 9 AM

WYSE WRITERS MON., FEB. 7 @GS 1PM

 \circ Writing topic will be given during the meeting

EXERCISE CLASS LED BY FCCC STUDENTS WED., FEB. 9 & FEB. 16 @GS 1 PM

 FREE 30 min. class features low impact arm and leg exercises and movement to fun music. Get moving and share some fun with our students from Four County Career Center.

ROAD TRIP TO BRYAN MOVIE THEATER FRI., FEB. 11 @ 11AM

- \$10 and you have choice of 3 different movies (titles will be released the first week of Feb.)
- Lunch after the movie (Four Seasons Restaurant)
- Call 567.444.5101 to reserve your spot and pick your movie. (Limit 6 people for bus)
- You are welcome to join the group, or drive yourself, just let us know!

ART WITH KIM LAUBER THURSDAY, FEB. 17 @ GS 1:30 PM

- Painting with Kim \$10 per person for supplies
- Reserve your spot by calling 567.444.5101

HEARING FOR LIFE FRI., FEB. 18 @ GS 11AM

• Hearing aid and battery check

WYSE READERS BOOK CLUB MON., FEB. 21 @ WC 1PM

- All are welcome
- Call 567.444.5101 for information

TECHNOLOGY HELP DESK WEDNESDAY, FEB. 23 @ WC 1PM-3PM

• By appointment only. Call 567.444.5101 to schedule.

BEREAVEMENT SUPPORT SESSION: BY APPOINTMENT @ WYSE COMMONS LIBRARY

- To schedule an appointment or learn more call 567.444.5101 or 567.444.5102
- All are welcome



Dean Beck Dawn Benton Bev Bettison Lenny Breidenbach Dorothy Burkholder Norman Donnelly Marie Geesey Velma Gnagey Jerry Griffin Joan Lawrence Nancy Lightner Jean Peebles Mary Potter Elaine Roth Lana Showman JR Vance Janet Volkman Arnold Wilson Geneva Wyse

Cloyce & Nancy Nofziger Norbert & Linda Sonnenberg John & Robin Wyse Lawrence & Mary Zimmerman

JoAnn Funk Marvin Good Orval Grieser Betty Norris

Pamela McLaughlin Cody Sauder Sandy Wettle

Information to know:

- If you have any questions or concerns please contact: Jake Clapp, IL Manager 567.444.5102; Mari Yoder, Development 567.444.5086; Todd Moore, Business Office 567.444.5089
- If you have tested positive for COVID contact Jake at 567.444.5102 so maintenance or EMS personnel have proper protective equipment in the event you need help or have an emergency during your illness.
- Please do not enter or use Wyse Commons if you have been exposed to or have symptoms of COVID
- FCHC Lab services are available in Wyse Commons Mon-Fri 7am-1:30pm
 If you are not feeling well please call ahead
- Carry Out Meals or Delivered Meals are available from Wyse Commons Monday through Friday 11:30-12:30 (except holidays) Call 567.444.5101 for delivery.
- Do you need a ride to Wyse Commons for an activity? Call Tori 567.444.5101. There is no cost!
- Hand sanitizer and disinfecting wipes are available throughout Wyse Commons.
- Please keep Fairlawn residents and staff in your prayers. We are all in this together and we are working to keep everyone safe and healthy.

FAIRLAWN BEGAN AS A MISSION AND CONTINUES TO SERVE

Fairlawn was founded in 1961 by a group of area churches that saw a need to support the care of older adults. In 1964 Fairlawn Haven opened its doors to our first residents. Our community was built through the generous support of our churches and our community. Today, Fairlawn continues to operate as a non-profit community rooted in Christian belief and values. Caring for others is what we do, but we still need your help to continue our mission of care.

Your gift of support to ensure the ongoing services of Fairlawn is needed. If you would like to learn more about how you can help, contact Mari Yoder at 567.444.5086 or myoder@fairlawnarchbold.com

Tax deductible donations can be dropped off at Wyse Commons or mailed to the Care Center: Fairlawn Haven, 407 E. Lutz Rd., Archbold, OH 43502 Attn: Development Office



Contact Numbers for Independent Living

IL Manager, Jake Clapp	567.444.5102
Safety/Maintenance Emergencies	419.551.2838
Project Manager, Darin Sauder	567.444.5077
Activities/Transportation, Tori Williams	567.444.5101
Klean KornersLeslie, Joyce & Shannon	567.444.5101
Tips & ToesShannon	567.444.5078
FCHC Lab	567.444.5106
Non-Emergency Police	419.445.9991
Social Services/Admissions., Lisa Vollmer	567.444.5082
Development, Mari Yoder	567.444.5086
Business Office, Todd Moore	567.444.5089



please call ahead if you are not feeling well.

FCHC LAB SERVICES at Wyse Commons

No appointment needed! OPEN M-F 7am-1:30pm for info call 419.446.4899

Sate Travels

If you are leaving for an extended period, please let us know. Stop at Wyse Commons and fill out a leave of absence form. We will check on your unit regularly and will remain alert to any maintenance needs. You can travel in peace knowing Fairlawn has everything taken care of back here.

Join us for Lunch Monday-Friday Wyse Commons

11:30–12:30 Eat-In, Carry-Out or Delivery

Please call ahead at least 24 hours (when possible) 567.444.5101

BEREAVEMENT SUPPORT IS AVAILABLE BY APPOINTMENT TO SCHEDULE OR LEARN MORE CALL 567.444.5101 OR 567.444.5102

Don't Miss Out...

If you are going to be away or lost your newsletter you can find it on the Fairlawn website at www.fairlawnarchbold.com

Click on the News&Events tab at the top of the page!

You can also follow us on facebook at www.facebook.com/fairlawnarchbold

FAIRLAWN LADIES NIGHT THURSDAY, FEBRUARY 24 5:00PM

At Wyse Commons \$5 Per Person

Join us for food, fun and fellowship Each resident can invite up to 2 female guests!

<u>On the Menu</u>

Salad Lasagna Breadstick And of course... delicious Doughbox Pie!

Trívía Games & Door Prízes

Hosted and served by the courteous Men of Fairlawn

Reserve your seat by calling Jake at 567.444.5102

10 things you can do to manage your COVID-19 symptoms at home

Accessible Version: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

If you have possible or confirmed COVID-19:

1. Stay home from work and school. And stay away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. Monitor your symptoms carefully. If your symptoms get worse, call your healthcare provider immediately.



3. Get rest and stay hydrated.



4. If you have a medical appointment, call the healthcare provider ahead of time and tell them that you have or may have COVID-19.



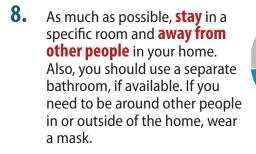
5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. Cover your cough and sneezes with a tissue or use the inside of your elbow.



7. Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



9. Avoid sharing personal items with other people in your household, like dishes, towels, and bedding.



10. Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.





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HELPING HANDS SERVICES TO HELP KEEP LIFE EASY

If you are looking for help with housekeeping, laundry, seasonal cleaning, windows, personal care services or more, our Helping Hands program is here for you.

Fairlawn is committed to serving your needs as efficiently and cost effectively as possible. This year we have increased the fees as we work to ensure that our staff are paid competitively and to accomodate for the increase in supply costs. Although we have had to increase rates (for the first time in almost 10 years), services are still affordable and of the highest quality.

For Klean Korners or Personal Care Assistance call 567.444.5101 For Salon Services call 567.444.5078

<u>2022 Rates</u> Helping Hands Services

Housekeeping Personal Care

\$20/hour \$25/hour



Tips 'n Toes

Spa Gel Polish Manicure	\$30
Manicure without Polish	\$15
Manicure with Polish	\$18
Pedicure	\$30
Nail Trim Hands	\$8
Nail Trim Toes	\$12
Paraffin Wax Spa Treatment Hands	\$7
Paraffin Wax Spa Treatment Feet	\$10

REMINDER: THE POOL & SPA IS CLOSED EACH MONDAY 1:30PM-2:30PM AND THE FIRST WEDNESDAY OF THE MONTH 4PM-5PM

To ensure your safety our trained and certified staff sweep the pool, maintain the proper chemical balance and provide any other needed maintenance each Monday. Our pool specialist comes out the first Wednesday to review our chemicals and certify that our pool and spa operate within Ohio Department of Health Guidelines.



Classes on Hold at Wyse Commons until May

Due to low attendance, Fusion Silver Sneakers exercise classes at Wyse Commons are on hold untilMay. Classes are available at:Fusion FitnessFulton County Health Center419.330.2794

The Wyse Commons fitness room, walking track and pool are all available throughout the winter for your use. We invite you to come use these excellent options to keep moving.